

VISIT ROB'S TRAIL

Help us protect the plants, animals and natural habitats of this trail:

- Open daylight hours for hiking, birdwatching and respectful public use.
- No motor vehicles, horses, bicycles, trapping, camping or fires.
- Please make your visit low impact. No gathering flowers, collecting plants or disturbing birds and wildlife.
- Stay on the marked trail at all times to protect this sensitive environment. Please watch your step, some areas may be wet or uneven.
- Please be advised the spur trail to Canadice Lake is a challenging trail that is steep and minimally maintained.

TRAVEL DIRECTIONS

From the NYS Thruway, take Interstate 390 South to Exit 11, take NYS route 251 East to Rush, take NYS Route 15A South through Hemlock, continue up the hill to South Old Bald Hill Road, look for the preserve sign on the left.



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WHO WE ARE

The Nature Conservancy's mission is to conserve the lands and waters on which all life depends.

Founded in 1950, we are a leading conservation organization working around the world to protect ecologically important lands and waters for nature and people.

We have helped protect nearly 100,000 acres of lands and waters in Central and Western New York and operate 35 preserves across the region.



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GET INVOLVED



Help The Nature Conservancy protect valuable natural areas like Rob's Trail by sending your contribution to:

The Nature Conservancy
Central & Western New York Chapter
1048 University Avenue
Rochester, NY 14607

For more information, contact
The Nature Conservancy's Rochester office at
(585) 546-8030 or visit nature.org/cwny

 [Facebook.com/tncny](https://www.facebook.com/tncny)

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ROB'S TRAIL

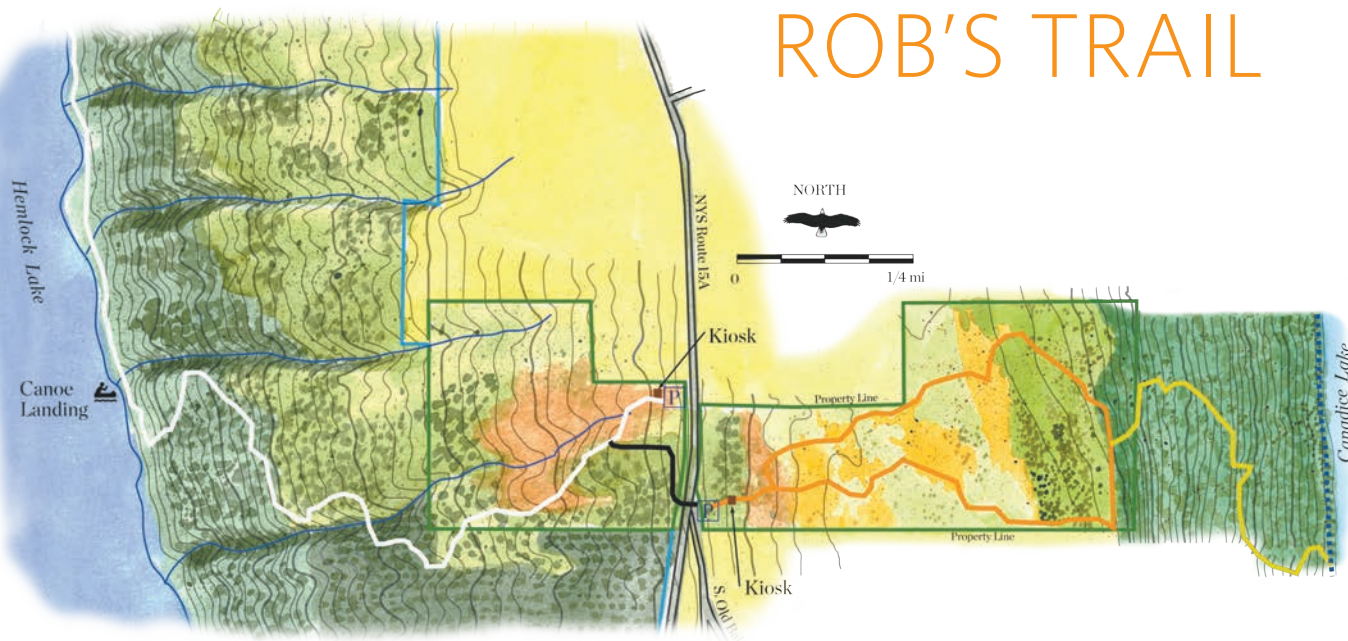


The Nature Conservancy 

Protecting nature. Preserving life.

Central & Western New York Chapter
www.nature.org

ROB'S TRAIL



Trail Legend

- Loop Trail – 1.75 miles
- Canadice Lake Trail – 0.75 miles
- Hemlock Trail – 4.8 miles
 - To shoreline – 1.5 miles
 - To boat launch – 4.8 miles
- Connector Trail – 0.28 miles

Rob van der Stricht

Conservationist, Colleague and Friend

Rob was an avid birder, canoeist and fisherman who was rarely seen outdoors without a pair of binoculars around his neck. He had traveled throughout the world, but the Finger Lakes – and Hemlock and Canadice Lakes in particular – remained one of his favorite places.

The commitment, passion and generosity of people like Rob enables The Nature Conservancy to be successful.



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Before the recent comeback of the Bald Eagle across the state, a nest at the south end of Hemlock Lake was the only successful natural nest in all of New York.



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PRESERVE HISTORY

Rob's Trail Preserve is nestled among the high ridges and rolling hills of the Finger Lakes. The trail connects the only two undeveloped Finger Lakes, Hemlock and Canadice Lakes—the primary source of drinking water for Rochester.

In 2010, NYS DEC, the City of Rochester and The Nature Conservancy teamed up to protect more than 7,000 acres surrounding Hemlock and Canadice Lakes. The Nature Conservancy owns a critical parcel connecting the watershed lands. With the help of volunteers, a trail was built in 2016 that makes it possible to hike from one lake to the other.



© Sue van der Stricht