Spring Activity Guide

It’s spring and the world is coming back to life! From puddles to pedals, these activities will help your entire family enjoy the beauty of the season.

1. Make Flower Prints
   Collect flowers on nature walks, take them home and trim away the stem. Fold a piece of paper in half and place the flower inside the folded paper. Gently tap the paper with a hammer or place a book on top of the folded paper and press down. Peel the paper back to see your colorful creation!
   - Turn your flower print into a greeting card and send a note about spring to a loved one!
   - Use the free smartphone app Seek by iNaturalist to identify your flower. Is it native to where you live?

2. Play a Game of Poohsticks
   Just like Winnie-the-Pooh and Christopher Robin, you can make a game using sticks, leaves and a stream. Take a walk near a bridge, choose leaves or twigs to be your Pooh stick, and drop them over the side. Then head to the opposite side of the bridge to see whose stick makes it across first!
   - Do you know the name of the stream? Look it up on Google Maps!

3. Rainy Day Play
   April showers bring May flowers—and puddles! Pull on your rain boots—or not!—to enjoy splashing in the water. Can you see yourself or anything else reflected in the water? Pay close attention to what animals are out and about. Do you spot any earthworms? How about robins?
   - Want to get your hands dirty? Bring an empty container on your walk and make a mud pie! What color is the mud? Can you describe how it feels?
   - How many different description words can you use?

4. Sole Discovery
   Take off your shoes and explore nature through your toes! Can you pick up a rock or twig with your toes? Feel different surfaces with your bare feet. What does the dirt feel like? How about the grass, gravel (ouch!) or mud? How do they feel different?

5. Brown Baggin’ Nature
   A paper bag can bring all sorts of creative play into your time in nature! Try drawing pictures of five things to discover on the outside of the bag, and then go on a scavenger hunt to find them. Or make a nature puppet by gluing items you find in nature (pebbles for eyes, leaf for nose) on the bag.
   - Give your nature puppet a name—and assign it a superpower!